JMB Foundation Newsletter 23



December 2023

# Happy Christmas from JMB!

# A troubling New Year ahead at Austin Street

Austin Street in Alphington has been a happy home for James Macready-Bryan now for 13 years. The aim of the home was to keep young people with an ABI out of aged-care nursing homes and hospitals by providing intensive support for residents' complex health needs, which has always included 24/7 Registered Nursing support.

With policy changes within the State government and the federal NDIA, the 24/7 nursing support James and his housemates require is now under threat. There is a new model of care being proposed which expects residential support workers to perform the duties of a Registered Nurse after limited training. JMB are committing funds to fight this, potentially with a legal battle next year.

Long-serving advocate of James and Austin Street residents as well other ABI victims, Jacqui Pierce, points out:

Registered Nurses have years of training and are able to see subtle warning signs residents with 'narrow' margins of health are vulnerable to. With every interaction, they implement a prevent, monitor and treat model, and it ranges from day-to-day detections of minor changes to early detection of potentially fatal aspirational pneumonia.



Photo of James, Robyn and Phil Brewin at Lightscape Botanic Gardens

James' mother, Robyn Brewin writes:

From the moment he was assaulted, James has had and will always require full-time nursing, and that was over 17 years ago.

Now the NDIS want to implement a different model of care, where the RN will teach support workers to do the tasks she is currently doing. There are currently around 27 support workers circulating at Austin Street, and at least half of them are casual. Training each of them in the life-saving procedures required in the fragile lives of the residents is just not viable.

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We worked for so long to get young people out of nursing homes, and now with this withdrawal of funding, the only other option will be to return them.

This is possibly the one last big fight we have to do for James, and we've had many over the years. I would like to thank the Foundation and everyone who helps to support us both with funds and emotionally. I won't stop fighting, and I'm also grateful I'm able to with the support of the Foundation.

Robyn Brewin. November 2023

### JMBF Welcomes New Directors to the Board

We're very grateful and thrilled to be able to announce three new directors joining the Board following our AGM last month.

We look forward to introducing you to the wealth of experience Don Bruce, Phil De Young and Andrew Minter bring to the board over the course of the next few newsletters.

The JMB Foundation Board and members are enormously thankful for the generous support given, and continued interest shown, by so many. It goes a long way towards improving life for young sufferers of ABI.

## What we've been up to..



## JMB Cup and Carey Ladies Night

The JMB Cup, an annual football match between Carey and Caulfield Grammar, took place in August this year. Happily James was able to attend after being unable to last year due to COVID. JMB Director, Richard Harris spoke movingly to the players and parents at half time and presented the Cup to this year's winning team, Caulfield Grammar. We're enormously grateful for the support of both of these schools.

Another sparkling event on the JMB calendar is the Carey Ladies' Night in October, this year raising nearly \$8000. We're so grateful to Director, Titilayo Adetunji, Maggie Bassily and Sofie Carfi who worked so hard to make the evening a success, including gathering together sponsors that contributed to the night: Boccaccio's Cellars and IGA, Charcuterie To You, Rex Espresso Café, Terry White Chemmart Warrandyte, Fabienne Jewellery, Petrina Blooms, Chemist Warehouse Kew, S&P Homewares, Kind Regards/Thank You Products and Endota Spa Kew.



## JMB's Best & Fairest



We're very lucky to have Finance Manager and Company Secretary, David Windlow overseeing our accounts on our JMB team. We know they couldn't be in better hands. And a little-known fact about him is that he has been umpiring for the Victorian Amateur Football Association since 1973. That's a side career that has spanned 50 years, and earlier this year he racked up his 1100th VAFA match. Congratulations, David!

# Christmas, a time for giving

With just a few weeks until Christmas, we hope you and your family will be enjoying all the happiness and fun this time of year brings, making the most of time spent with your loved ones. There are many ways in which you can enter into the spirit of Christmas, and giving gifts to those you care about is often number one on the list. But what if your gift this year was a gift to a young person suffering with an acquired brain injury? If you can't think of what to give for Christmas, is it because your recipient doesn't really need anything? Or perhaps not as much as JMB Foundation grant recipients need the funds we provide for them to help make their lives that little bit better. Make your gift a donation to JMB Foundation's Christmas Appeal on behalf of your partner, friend, mum or dad. It's a gift that gives twice.



Please fill out the donation form overleaf or donate online at: jmb-foundation.grassrootz.com/2023-christmas-appeal

# 2023 Marathon Wrap-Up

Another year, another successful marathon event! The Melbourne Marathon day is always special for us because we see first-hand just how much support there is for the Foundation and the work that we do.

We're so grateful to the 60+ runners turning up for Team JMB and raising much needed funds in the process, with their friends and supporters sponsoring their runs and walks to the tune of \$6500. Our very warm thanks also goes to our sponsor, Old Carey Grammarians Association for so generously underwriting the costs of our Team JMB shirts. The weather held for the most part, and James Macready-Bryan along with some of the other residents from his home attended, and was able to meet some of the runners who visited us after their runs.

We're also incredibly grateful to the nearly 300-strong team of volunteers the Foundation provided this year as course marshals and manning drinks stations. This resulted in a donation from IMG, the marathon organisers of \$31,000, so if you were one of our amazing volunteers up before the crack of dawn on a chilly, potentially

> drizzly spring day in Melbourne, THANK YOU! We hope we can look forward to having you on board again in 2024.













## Noticeboard

## Applications for funding 30 April 2024

**Applications for the Foundations** next round of funding starting in July 2024 will be accepted until 30 April 2024. The application form and guidelines for applying for funds can be downloaded from our website at www.jmbfoundation.org.au

## Melbourne Marathon Sunday, 13 October 2024

It's not too early to save the date! The 2024 Melbourne Marathon will be held on Sunday, 13 October. We're already looking forward to being involved. If you are too, please let us know.



# How can you help?

#### Make a donation

The James Macready-Bryan Foundation can only continue its work with the ongoing support of generous donors.

Donations can be made at <a href="www.jmbfoundation.org.au">www.jmbfoundation.org.au</a> directly at <a href="https://jmb-foundation.grassrootz.com/direct-donation-to-the-jmb-foundation/donate">https://jmb-foundation.grassrootz.com/direct-donation-to-the-jmb-foundation/donate</a> or by completing the form below and posting it to:

The James Macready-Bryan Foundation PO Box 2281, Hawthorn Vic 3122

#### Save the Date!

#### Nike Melbourne Marathon Festival—Sunday 13 October 2024

The Melbourne Marathon is our most significant annual fundraising event, and you can make a real difference to our result in a variety of ways. If you sign up to run for JMB Foundation and start a fundraising campaign, your efforts will be rewarded by your friends, family and colleagues who sponsor you, and their donations will help us to keep up our work.

If running isn't your thing, you can still help! Join our 200+ strong volunteer team and be a part of the action on the day. For each volunteer we have on the team, the event organisers make a contribution to the Foundation, so you'll be directly helping our grant recipients.

To register your interest in joining the 2024 JMB Foundation Marathon team or for more information about fundraising for JMBF or volunteering to help on the day, contact <a href="mailto:info@jmbfoundation.org.au">info@jmbfoundation.org.au</a>.



#### Stay in touch

Visit our website for the latest news or become a JMB Foundation subscriber and receive e-newsletter updates. To register, go to <a href="https://www.jmbfoundation.org.au">www.jmbfoundation.org.au</a>.

#### Have your contact details changed?

- 1. Email your new details to info@jmbfoundation.org.au
- Submit a message via the contact form on our website at www.jmbfoundation.org.au/contact
- 3. Or complete the form below and post to:

The James Macready-Bryan Foundation PO Box 2281, Hawthorn Vic 3122

DONATION FORM—JMB FOUNDATION CHRISTMAS APPEAL 2023
I would like to make a donation of:
□ \$50 □ \$100 □ \$200 □ \$500 □ \$1000 □ Other amount: \$
□ Please find my cheque (payable to <b>The James Macready-Bryan Foundation</b> ) enclosed OR
$\square$ Please make a one-off debit of $\$ to my credit card* $\square$ Visa $\square$ MasterCard OR
□ Please debit my credit card* regularly for \$ □ Visa □ MasterCard
Please make these debits  Monthly  Quarterly  Half-Yearly  Annually *Please note that we are only able to accept Visa or MasterCard.
Credit card number:
Expiry date/ Signature: Name on Card:
Please send me a receipt to the address below.
CONTACT DETAILS FORM
Name
Company Position
Address
Phone
☐ Please update my contact details ☐ Please switch me over to e-newsletter ☐ Please remove me from your mailing list