

Helping Salote get more out of life

Salote Talanoa was just three years old when she was sadly struck by a car and suffered a traumatic brain injury. 36 years on, she is living in a Specialist Disability Accommodation funded apartment for people with high physical needs, where she has on-site support for personal care and domestic activities, as well as overnight support.

Because of Salote's complex personal care needs, most of her funded hours are devoted to meeting these needs in the morning and evening and, sadly, she doesn't yet have the confidence to leave her apartment by herself.

JMBF funding for community access has allowed Salote to engage once again with the outside world. She writes:

The funding I have received from the JMB Foundation has helped me enjoy activities that I love on a daily basis. I see my Therapy Assistants (TAs) every day. My TAs help me do the things that I love. I will paint and draw, cook and bake, meditate and read with my TAs. I'm also starting to get back into the community.

One of my favourite activities is to visit my local cafe for a hot chai latte and a slice. I also love to go for walks and visit the library. I've learnt a lot from my TAs, like how to bake the perfect scones or what TV shows I'll like. We often learn how to do things together - like setting up furniture or getting technology to work. I always look forward to time with my Therapy Assistants where I can use my voice and explore new activities.



Photo: Salote Talanoa

I love the freedom and independence to also work on other goals that I may want to look into such as making a herb garden and being more organised.

Thank you to the JMB Foundation for making this possible. It has been a memorable experience.

It's thanks to our generous donors that JMBF has been able to help enrich Salote's life in this way, filling the gaps government funding doesn't.

We are very grateful for our supporters who enable the Foundation to make grants available to young Australians, like Salote, who really need our assistance. With your help, we can – and do – make a positive difference to their care, comfort and quality of life.

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Introducing Susan



Sadly, the fabulous Paula Mahoney is leaving us. We thank her for filling our communications role so ably over the last four

years, and we wish her well for the future.

And so we introduce Susan Doyle as our new Communications Manager. Susan has a background in advertising, marketing and design, and the fact that she currently has a 20-year-old son makes this appointment – and cause – particularly poignant for her. Susan is more than happy to answer any queries you might have with regard to donations, applications and funding opportunities.

A great day for the JMB Cup

The JMB Cup has been running, since its inception in 2008, as a major fixture in the Carey and Caulfield Grammar sports calendar. James Macready-Bryan was a dominant First XVIII player through his final years at school, so the JMB cup holds special significance every year, acting as a reminder to young people about responsibility for their actions and the importance of supporting mates. This year, unfortunately, James was unable to attend but it was great to see the support and the signature orange laces as the boys battled it out on the football oval.

JMB Foundation board member Peter Woodbridge was on hand to speak about the importance of the Foundation’s work in addressing the ongoing needs of young people with acquired brain injury and their families.



Thinking about tax time?

It’s that time again... receipts, filing and a desk full of paperwork! If this is the time of year when you also consider a contribution to one of your favourite causes, we would ask you to think about the work of the JMB Foundation.

Generous donations such as yours allowed us to provide more than \$90,000 in support to young people with acquired brain injuries and their families last year. And the need is growing, for things such as therapy hours, attendant care, home modifications, wheelchairs, other specialist equipment and respite care.

We have been bowled over by the generous support we have received in the last eleven years, and it has allowed us to make a real difference, but our aims are high and we want to be able to help as many of our applicants as possible. Please, if you can, help us to help young people with acquired brain injury. Fill out the form on page 4 or donate online at www.jmbfoundation.org.au.



Let's run for those who can't Nike Melbourne Marathon Sunday 2 October

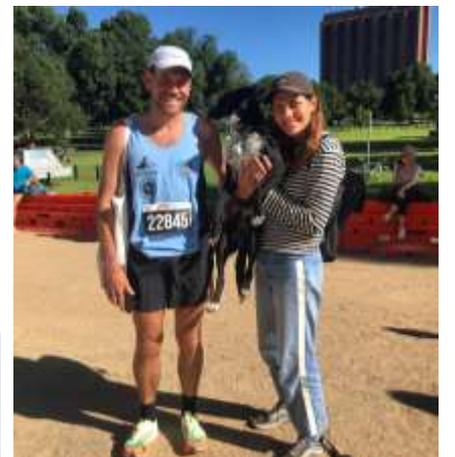
The 2022 Nike Melbourne Marathon is back this year on Sunday, 2 October, and it's your chance to support JMBF and *run for those who can't*.

Early bird registration closes 30 June, so why not register now! Many of our supporters have been running every year since JMBF was founded, and plenty more have joined the JMBF team along the way.

We are hugely grateful for the contributions of so many of you, whether it has been by sweating it out in a marathon even, by sponsoring friends, by volunteering for JMBF to work on the course on marathon day, by contributing to the cost of our JMBF team singles, or by helping with the organisation of the event. We hope you know who you are!

Fundraising from this event is the cornerstone of JMBF's grants program, allowing us to help people such as Salote (p.1) and many other young Australians who need our financial assistance. We wish it wasn't so, but the demand for funds to help these young people access care and therapy is growing. So let's make our 2022 Nike Melbourne Marathon Festival our biggest and best yet!

There are five distances to choose from, and you can even *walk for those who can't*. Sign up now, and don't forget to start a fundraising page so your mates can sponsor you. We'll give you a JMBF shirt to run (or walk) in, so you'll be helping to raise awareness as well as funds. For more information, go to <https://jmbfoundation.org.au/melbourne-marathon-oct-2nd/>. And if running's not your thing, why not volunteer as a course marshal. For more information, go to <https://jmbfoundation.org.au/volunteer/>.



Noticeboard

Applications for funding

Applications for the Foundation's second round of funding for 2022 will be accepted until 31 October 2022, for grants payable in the 26-week funding period 1 Jan to 30 June 2023.

The application form and guidelines for applying for funds can be downloaded from our website at

www.jmbfoundation.org.au/applications

How can you help?

Get involved

Nike Melbourne Marathon Festival – Sunday 2 October 2022

The **Melbourne Marathon** is our most significant annual fundraising event and you can make a real difference to our result. If you sign up to run for JMB Foundation and start a fundraising campaign, your efforts will be rewarded by your friends, family and colleagues who will sponsor you, and their donations will help us to keep up our work. If running's not your thing you can still help. Join our 220-strong volunteer team and be a part of the action. For each volunteer we have on the team, the event organisers make a contribution to the Foundation, so you'll be directly helping. To register your interest in **joining the 2022 JMB Foundation marathon team, fundraising for JMBF or volunteering** to help on the day, contact info@jmbfoundation.org.au.

Make a donation

The James Macready-Bryan Foundation can only continue its work with the ongoing support of generous donors. Donations can be made via the website at: www.jmbfoundation.org.au or directly at <https://jmb-foundation.grassrootz.com/direct-donation-to-the-jmb-foundation/donate>, or by completing the form below and posting it to: **The James Macready-Bryan Foundation PO Box 2281, Hawthorn Vic 3122.**

All gifts of \$2 or more are fully tax deductible.

DONATION FORM – JMB FOUNDATION TAX APPEAL 2022

I would like to make a donation of:

\$50 \$100 \$200 \$500 \$1,000 Other amount: \$ _____

Please find my cheque (payable to **The James Macready-Bryan Foundation**) enclosed OR

Please make a one-off debit of \$ _____ to my credit card*: Visa MasterCard OR

Please debit my credit card* regularly for \$ _____ Visa MasterCard

Please make these debits Monthly Quarterly Half Yearly Annually

I would like the debits to start: As soon as possible on this date: ____/____/____

*Please note that we are only able to accept Visa or MasterCard.

Credit card number:

Expiry date: ____/____ Signature: _____

Name on Card: _____

Please send me a receipt to the address below

CONTACT DETAILS FORM

Name _____

Company _____ Position _____

Address _____

Email address _____

Phone _____

Please update my contact details Please switch me over to e-newsletter Please remove me from your mailing list



Stay in touch

Visit our website for the latest news or become a JMB Foundation subscriber and receive e-newsletter updates. To register go to www.jmbfoundation.org.au

Have your contact details changed?

1. Email your new details to info@jmbfoundation.org.au
2. Submit a message via the contact form on our website at www.jmbfoundation.org.au/contact/
3. Complete the form below and post to:
**The James Macready-Bryan Foundation
PO Box 2281, Hawthorn Vic 3122**