



How we have helped in 2017

Darryn Kearney received funding from the JMB Foundation to help with bathroom modifications. Darryn lives with his parents in Ocean Grove. He has an ABI causing complete paralysis on his left-hand side and contributing to cortical blindness. The JMB Foundation grant helped bridge the gap between the amount the National Disability Insurance Scheme provided and the cost of the work.

The modifications, which have received a ringing endorsement from Darryn's Physiotherapist, Occupational Therapist and carers, mean that Darryn can stay in the family home. Darryn's parents can already see the difference the improvements will make for their son, both in terms of the more practical working carers, and the increased independence Darryn will enjoy as a result of the work.

Thanks to the support of our generous donors, the JMB Foundation was pleased to help Darryn and his family. The Foundation's grant has enabled Darryn and his family to make these modifications and improve Darryn's quality of life.

Recently the JMB Foundation has had support from the efforts of volunteers and runners who attracted sponsorship for the Melbourne Marathon (p 2), and this year a special music recital at St Margaret's and Berwick Grammar School and the yearly Xavier fun run (p 3), as well as generous donations from organisations and individuals. These



Darryn Kearney in his home in Ocean Grove

donations have enabled the Foundation to make grants available to young Australians who really need our financial assistance to improve their care, comfort and quality of life.

In 2017 \$155,000 was given to 18 applicants from Victoria, Queensland and New South Wales. Our grants have enabled these young people to benefit from extra therapy, including hydrotherapy, speech pathology and physiotherapy that they simply could not have managed to pay for without this assistance. We have also funded home modifications and the purchase of special equipment, and made it possible for several people to have attendant care on a weekly basis, allowing families the support they need.

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Introducing Libby

We have been introducing our board members over the past few issues, and now we'd like you to meet our



most recent addition, Libby Rule, a friend of James and the Macready-Bryan family.

Libby is a Senior Communications and Stakeholder Relations Advisor at Level Crossing Removal Authority. She brings her communications expertise to the JMB Foundation, along with a fresh, younger viewpoint. We look forward to Libby's involvement.

Melbourne Marathon 2017 - what great a day to run and fundraise



October 15th, the day of Melbourne Marathon Festival, brought beautiful weather for running, and what a great turnout of team runners – and walkers – we had this year. We're pleased to report around 125 supporters donned our signature blue singlets and t-shirts and joined team JMB Foundation on the track. The full marathon had 18 ambitious athletes running, while 29 signed up for the half marathon, 59 gave the 10 km track a go, 11 managed the 5.7 kms, and 8 more sedate entrants walked 3 kms. Ex JMB Foundation Communications manager Sharon Kent was one of those walkers, raising more than \$2,000 for the charity she knows does such good work.



The Melbourne Marathon day is always special for us because we see first-hand just how much support there is out there for the Foundation and the work we do. So many people contributed to make the 2017 Melbourne Marathon the success it was. Our dedicated fundraisers appealed to their friends, families and colleagues to contribute to their campaigns to reward them for their efforts, which in turn rewarded JMBF with a total of \$20,390 in donations, representing an increase on last year of almost 50 per cent. We thank everyone who started a campaign, or gave to one, and especially to our lead fundraiser Richard Large, who raised almost \$6k for the Foundation. 125-plus runners showing off our brand on marathon day made quite an impact and helped to raise awareness of the Foundation. Our very warm thanks to our sponsors, Invesco and Old Carey Grammarians Association Community Support Fund, for so generously underwriting the cost of our shirts and organisational costs again this year. Such significant contributions mean we can put more money where it does the most good – into our grants program to help young people with ABI.



The event couldn't take place without the huge army of volunteers required to make everything work on the day, and JMBF volunteers make up a significant proportion each year. We are really proud of our 2017 team, every one of who put in a fantastic effort.



The sun shone, and our drinks stations teams were there to ensure thousands of runners stayed well hydrated. Our course marshals did a great job too! The result of these efforts was a \$23,000 donation from the event organisers, so if you volunteered – THANK YOU.

We are always so impressed by the support we receive for the Marathon, and we are sincerely grateful for your contribution. Thank you to everyone who joined in on marathon day. We hope we can look forward to having you on board again in 2018.

All photographs: Lisa Manundrell

Christmas a time for giving

With just a few weeks until Christmas, we hope you and your family will be enjoying all the happiness and fun this time of year brings, and making the most of time to spend with your loved ones.

There are many ways in which you can enter into the spirit of Christmas, and giving gifts to those you care about is often number one on the list. But what if your gift this year was a gift to a young person suffering with an acquired brain injury? If you can't think of what to give for Christmas, chances are it's because your recipient doesn't really need anything. Or at least not as much as JMB Foundation grant recipients need the funds we provide for them to help make their lives that little bit better. Make your gift a donation to JMB Foundation's Christmas Appeal on behalf of your partner, friend, mum or dad. It's a gift that gives twice. Fill out the donation form on page 4, or donate online at: www.enablr.org.au/campaign/JMB-FOUNDATION-Christmas-Appeal



A win, win, win for the boys at Xavier

David Burke (pictured right) is the Assistant Learning Leader, Head of Mathematics and Head of House (Loyola) at Xavier College. He has been involved in fundraising for JMB Foundation for more than eight years, and to date his activities have helped raise more than \$6,000 for the Foundation. David and his wife, who works at Carey, are good friends with a number of other Carey senior school staff who get together every Friday morning to go running, and this gave David the idea to do something to promote JMB Foundation.

A regular Melbourne Marathon runner, when David heard he could join the JMBF team and both support the Foundation and raise awareness for the cause, he thought, "Why not?" From there, David decided to go one step further. Hearing too often of "one punch" victims reported in the media, he decided to do something at Xavier that would help JMBF and at the same time serve to educate Xavier boys.

David's idea was to run 100 laps of the school oval – that's 33 kms! – and invite boys to join in, or donate funds, or both. It turned out to be a success on both levels. In the first year more than \$600 was raised, but more importantly,



the boys really loved being involved.

At some stages, 200+ boys were running laps of the oval with him. It gave David an opportunity to promote JMB Foundation and Step Back Think. From there, he created some minor class discussions/ shared YouTube clips from JMB Foundation, and created some lessons on the theme and it became an annual event.

This fundraising event raises awareness of the importance of looking after your mates and thinking before you act, and gets 100's of kids running around the oval for 3 hours. Helping young men to lead healthy and active lifestyles, and educate them.

In all it became a win, win win!

A special letter of thank you from Anj Barker

To The JMB Foundation,

Thank you for your much-appreciated grant of \$5000, towards a vehicle for me. I would love to thank your Foundation for your kindness and this has enabled me to purchase my new vehicle. Your generosity has been a Godsend; I now have a very schmick Pearl White Toyota Alphard from Nuwan at Import Revolution in Bayswater.

It is so comfortable to ride in, it doesn't throw me around, is as quiet as a mouse, and looks like a car (doesn't look like a Van). It is actually a second hand luxury people mover with many features, imported from Japan and it will be a lot less expensive to maintain in the future, having the same Toyota running gear as a Camry or Tarago.

My parents say it is beautiful, smooth and quiet to drive and my carers love it. Thank you again for your kindness and generosity it has changed my life.

Kindest Regards, Anj Barker



Anj Barker and her vehicle which was part funded this year.

A big year for James

2017 has been an important year in many ways for James Maccready-Bryan and his family. October is always a busy month, with the JMB Foundation's big annual event, the Melbourne Marathon, and James's birthday, coming just a few days apart. As the guest of honour on Marathon day, James enjoyed the activity and the sense of excitement that's always so much a part of the atmosphere.

Following surgery last year, the pain James had been experiencing in his arms has been lessened significantly. As a result he spends much less time feeling distressed and uncomfortable.

James continues to find his hydrotherapy wonderful, and his music therapy seems to provide him with a lot of pleasure. James's family are grateful for the people that surround James who love him and treat him with dignity.



Noticeboard

Applications for funding

Applications for the Foundation's second round of funding for 2018 will be accepted until 30 April 2018, for grants payable in the funding period 1 July to 31 December 2018

The application form and guidelines for applying for funds can be downloaded from our website at www.jmbfoundation.org.au/applications

2018 Melbourne Marathon

Save the date! The 2018 Melbourne Marathon will be held on Sunday 14 October. We're already looking forward to being involved, and we hope you are too.

It's never too early to commit. Let us know now if you would like to join a JMB running (or walking) team, start a Melbourne Marathon fundraising campaign, or join the JMB volunteer team to help manage the event on the day.

If you have any questions or you would like to register your interest, please email info@jmbfoundation.org.au

How can you help?

Get involved

Medibank Melbourne Marathon Festival – Sunday 14 October 2018

The **Melbourne Marathon** is our most significant annual fundraising event and you can make a real difference to our result. If you sign up to run for JMB Foundation and start a fundraising campaign, your efforts will be rewarded by your friends, family and colleagues who will sponsor you, and their donations will help us to keep up our work. If running's not your thing you can still help. Join our 230-strong volunteer team and be a part of the action, as for each volunteer the event organisers make a contribution to the Foundation, so you'll be directly helping. To register your interest in **joining the 2018 JMB Foundation marathon team, fundraising for JMBF or volunteering** to help on the day, contact info@jmbfoundation.org.au.

Make a donation

The James Macready-Bryan Foundation can only continue its work with the ongoing support of generous donors. Donations can be made via the website at: www.jmbfoundation.org.au or directly at www.enablr.org.au/charity/3077636087737783 or by completing the form below and posting it to:

The James Macready-Bryan Foundation
PO Box 2281, Hawthorn Vic 3122



Stay in touch

Visit our website for the latest news or become a JMB Foundation subscriber and receive e-newsletter updates. To register go to www.jmbfoundation.org.au

Have your contact details changed?

1. Email your new details to info@jmbfoundation.org.au
2. Submit a message via the contact form on our website at www.jmbfoundation.org.au/contact/
3. Complete the form below and post to:
The James Macready-Bryan Foundation
PO Box 2281, Hawthorn Vic 3122

DONATION FORM – JMB FOUNDATION CHRISTMAS APPEAL 2017

I would like to make a donation of:

\$50 \$100 \$200 \$500 \$1,000 Other amount: \$ _____

Please find my cheque (payable to **The James Macready-Bryan Foundation**) enclosed OR

Please make a one-off debit of \$ _____ to my credit card*: Visa MasterCard OR

Please debit my credit card* regularly for \$ _____ Visa MasterCard

Please make these debits Monthly Quarterly Half Yearly Annually

I would like the debits to start: As soon as possible on this date: ____/____/____

*Please note that we are only able to accept Visa or MasterCard.

Credit card number:

Expiry date: ____/____ Signature: _____

Name on Card: _____

Please send me a receipt to the address below

CONTACT DETAILS FORM

Name _____

Company _____ Position _____

Address _____

Email address _____

Phone _____

Please update my contact details Please switch me over to e-newsletter Please remove me from your mailing list